

Help your doctor understand your unique experience with Prader-Willi syndrome (PWS)

Everyone's experience with PWS is different. This guide can help you or your loved one discuss possible symptoms of extreme hunger, constant thoughts about food, and a constant urge to eat that cannot be satisfied without food, known as hyperphagia. Have a conversation with your doctor to determine if VYKAT XR may be right for you or your loved one.

If you are a person living with PWS, start on page 4



Ben

Dog lover and building block wizard taking VYKAT XR

IMPORTANT SAFETY INFORMATION

What is VYKAT XR used for?

VYKAT XR is a prescription medicine used to treat extreme hunger, constant thoughts about food, and constant urge to eat that cannot be satisfied with food (hyperphagia) in adults and children 4 years of age and older with Prader-Willi syndrome (PWS).

Please see additional Important Safety Information throughout and full [Prescribing Information](#), including [Medication Guide](#), for VYKAT XR.


vycat™ XR
(diazoxide choline) extended-release tablets

For caregivers,

Describe your loved one's experience with PWS

Reflect on how food affects your loved one's daily life

Does food come up often in daily conversations? Maybe even more than other topics? Share an example that demonstrates your loved one's persistent interest in asking or talking about food.

How distracted by food or thoughts of food does your loved one seem when they should be focused on other things or activities? Check your answer:

Not distracted Somewhat distracted Noticeably distracted Very distracted Extremely distracted

Check the boxes below if you've seen your loved one:

Forage through the garbage for food Excessively talk or ask about food Seek for food at night
 Steal food Interrupt daily activities with food-related behaviors Bargain or manipulate to get food

In recent years, how has your loved one's behavior around food impacted their ability to participate in things like school, work, or social activities? Have there been times when they've had to miss out because of it?

Describe a recent time you had to switch up your loved one's routine around food. How did an unexpected change in plans affect your loved one?

IMPORTANT SAFETY INFORMATION (CONT'D)

What is the most important information I should know about VYKAT XR?

VYKAT XR may cause serious side effects, including:

- **High blood sugar levels (hyperglycemia).** Hyperglycemia is common during treatment with VYKAT XR and can also be severe. Hyperglycemia can lead to a condition called diabetic ketoacidosis (increased ketones in the blood) in some people who take VYKAT XR. Diabetic ketoacidosis is a serious condition that needs to be treated in a hospital and can be life-threatening.
 - Your healthcare provider will:
 - check your blood sugar levels before you start VYKAT XR, during treatment and more often during treatment if you have an increased chance of getting hyperglycemia.
 - check your HbA1c before and during treatment.
 - If you get hyperglycemia during treatment with VYKAT XR, your healthcare provider may give you medicines to treat hyperglycemia, change your dose if you already take hyperglycemia medications, or your doctor may change your dose of, temporarily stop, or permanently stop VYKAT XR.

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For caregivers,

Describe your loved one's experience with PWS

Reflect on your role in hyperphagia management

Was there a recent time when you had to avoid certain places or events due to your loved one's hyperphagia? Can you describe any workarounds or adjustments you had to make to help keep your loved one safe?

What kind of impact does missing out on events because of hyperphagia have on you, your family, and your loved one with PWS? How does it make you feel?

What types of goals would you set for your loved one if their hyperphagia was lessened?



Klara

Fierce competitor and friend taking VYKAT XR

IMPORTANT SAFETY INFORMATION (CONT'D)

Tell your healthcare provider if you get any of the following signs and symptoms:

- **hyperglycemia:** feel very thirsty, need to urinate more often than usual, have higher amounts of urine than usual, feel more hungry than usual, or weight loss
- **diabetic ketoacidosis:** nausea, vomiting, stomach-area (abdominal) pain, feel weak or very tired or trouble breathing

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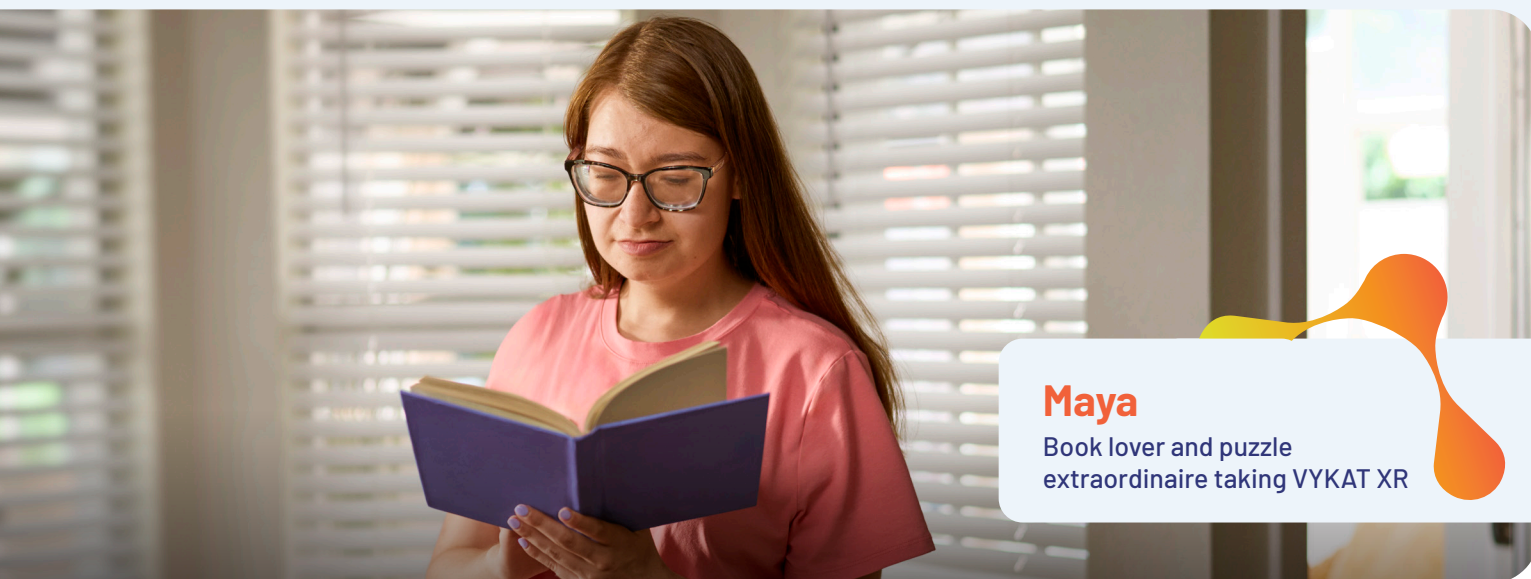
For adults managing PWS, Describe your experience with PWS

Thinking about how food affects your daily life

Do you often find yourself talking a lot about or getting distracted by thoughts of food or eating? How does it affect you and those around you?

Has your focus on food ever made it harder to take part in school, work, or social activities? Have you missed out on anything because of it? Share some examples.

What are your interests and goals? Has hyperphagia ever distracted you from things that you want to do? Share some examples.



Maya

Book lover and puzzle
extraordinaire taking VYKAT XR

IMPORTANT SAFETY INFORMATION (CONT'D)

Tell your healthcare provider if you get any of the following signs and symptoms (cont'd):

- **Too much fluid in your body or swelling (fluid overload).** Swelling in the body from too much fluid is common during treatment with VYKAT XR and can also be severe. Your healthcare provider may decrease your dose or temporarily stop VYKAT XR if you get fluid overload. Tell your healthcare provider if you have trouble breathing or get any other signs or symptoms of fluid overload such as swelling of your legs, ankles, or feet, or unusual swelling anywhere in your body.

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Is VYKAT XR right for you or your loved one?

When you are ready to ask about a medicine for hyperphagia, these questions can help you and your doctor start the conversation.

My next appointment is on / / at : AM PM

Bring and fill out with your doctor

What are the possible benefits of taking VYKAT XR? When can I expect to see changes?

What possible side effects should I know about?

How is taking VYKAT XR going to affect daily routines, including diet and exercise?

How is VYKAT XR taken?

How often should I check in with my doctor about my or my loved one's treatment journey after starting VYKAT XR?

When starting and throughout the journey with VYKAT XR, it's important for you or your loved one to take it exactly as prescribed by your doctor.

IMPORTANT SAFETY INFORMATION (CONT'D)

Who should NOT take VYKAT XR?

Do not take VYKAT XR if you are allergic to diazoxide, any ingredients in VYKAT XR or medicines called thiazides.

Please see additional Important Safety Information throughout and full [Prescribing Information](#), including [Medication Guide](#), for VYKAT XR.


v^ykat^{XR}
(diazoxide choline) extended-release tablets

Patient and Community Educators (PACE) can help support you before starting treatment

The PACE team are experts here to:

- Provide non-medical support to caregivers and their loved ones
- Answer general questions about what to expect during treatment
- Help connect you with support resources

Your educator is just
a scan or call away

1-833-SOLENO-1
(1-833-765-3661)



PACE

Patient & Community Educators

IMPORTANT SAFETY INFORMATION (CONT'D)

Before taking VYKAT XR, tell your healthcare provider about all of your medical conditions, including if you:

- have diabetes or prediabetes
- are sick
- plan to have surgery
- drink alcohol very often
- are dehydrated or have lost a lot of body fluid
- have heart problems or a history of swelling in your legs or other parts of your body that required medicine
- have liver or kidney problems
- are pregnant or plan to become pregnant. VYKAT XR may harm your unborn baby. Tell your healthcare provider right away if you become pregnant during treatment with VYKAT XR
- are breastfeeding or plan to breastfeed. VYKAT XR passes into your breast milk, and it is not known if it can harm your baby. Tell your healthcare provider if you plan to breastfeed during treatment with VYKAT XR

Tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking VYKAT XR with certain other medicines may affect the way VYKAT XR or the other medicine works and may increase your risk of side effects. **Do not** change your dose or stop any medicines you take, or start any new medicines, without talking to your healthcare provider first during treatment with VYKAT XR.

What are the possible side effects of VYKAT XR?

Increased hair growth all over the body, fluid overload or swelling, high blood sugar levels, and rash.

These are NOT all of the possible side effects of VYKAT XR.

Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

For further information please read the [Medication Guide](#) and full [Prescribing Information](#) for VYKAT XR.